

Taking risks makes life worth living

Taking risks in your life can catapult you towards successful outcome and the chance of achieving your goal may increase.

Although underneath each risk lies uncertainty, since taking a leap of faith leads you to getting out of your comfort zone. Of course taking risks is not the same as making a rash decision. When taking a risk you should always keep the correlation to your goals in mind.

Nowadays main cause which keeps us from taking risks is fear of failure. It has been rooted in our nature to fear the unknown. This, however, is understandable since we can't know what's on the other side of the coin until we flip it. Fear of uncertainty is often limiting and this state of mind often restricts our true potential, and keeps us from reaching the goals we have set for ourselves.

Taking risks is not just bluntly putting yourself in dangerous situations. Not always strictly following your plan and routine, following your heart and gut can lead you to creating numerous memorable moments as well as realizing your goals.

Risks require bravery not bravado. Brave people take risks in their stride, after careful strategy and weighting up their options. People with bravado on the other hand tend to show off their boldness which often causes decrease in their success and leads them astray from their goals.

It's not a breeze to learn taking risks. Not everyone can master up the courage that the situation requests but they can train themselves. Asking yourself "but what if I did" after you skip what could've been a prosperous opportunity, may demotivate you from taking further profitable measures.

The answer to the question "is it worth it" I still do not have. Nonetheless, I am changing my path which will one day, hopefully sculpt me into a courageous person I aspire to be.

C2

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