

A2

SERBIA'S HEALTHY FOOD

Serbia is one of undeveloped countries in Europe. It doesn't have a developed technology for agriculture, but for now, I think that it has the healthiest food in Europe.

If we look at countryside, we can see that we still have beautiful pastures, grasslands with a lot of cows and sheep. Almost everything Serbians eat comes from village farms. That food is the most delicious food, made by hands of hardworking farmers.

Even if Serbian food is fat, it's not GMO (genetically modified), so it makes that food healthy. Serbian specialities come from mountain Zlatibor like "kajmak", made of milk, "Zlatiborac" a dried sausage... From the city of Leskovac comes the best pepper. The best cheese is made in Pirot. The house without a woman who can make "gibanica", a pie, is not a good house.

For every autumn, every family makes winter stores made of vegetables and fruit. They can't escape to make "ajvar", "ljutenica", jam made by special recipes, "turšija" – mixed sauer vegetables, sauerkraut and a lot of other things.

Serbia is full of delicious food, but it is also very healthy.

Petra Blagojević, Centar BRITANNICA, Niš