

These days people live much longer than they used to

Why do we age? Aging is an inevitable process present in every single cell of every living organism. From the inception of biological and medical sciences to this very day, we, humans, have made great effort in order to bring the gradual decline of physical and mental abilities to a half. We have to find the fountain of youth however, this venture has provided us much needed knowledge.

The advantages of long life can be observed through the lens of society and individuals. Considering individual benefits safely say they are abundant. Many people strive to gain experience, obtain wisdom and spend more time with their loved ones. In addition to this, death has always been perceived as something spine-chilling. Furthermore, society has interest in longer lifespans and the reasons for this is the longer people live the more they can contribute to the world with-their talents, skills an other positive traits.

On the other hand, the main and most evident drawback of prolonged life are the health difficulties that become more and more daunting with every new candle n the birthday cake. Generally, as we age, we become more susceptible to a wast number of diseases, additionally, the number of years people spend living healthily has bee in decline. Despite the fact that rapid progress is meing made in the field of medicine there are still many illnesses immune to modern-day treatments.

In conclusion, it is undeniable that the human lifespan will continue tosoar in the years to come, due to medical advances or other factors, but one thing is certain: how we perceive life and how we live our lives is ultimately up to us.

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