

These days people live much longer than they used to

The average lifespan of humans has only been increasing throughout time and it does not seem to be slowing down or stopping. But can the limits of life be reached? And is living for a long time good or bad.

One of the reasons for the ever-increasing lifetime is the evolution of medicine. In the past, the main reason that people lost their lives was disease and infection. When antibiotics were first discovered the death rate significantly decreased. Further advancements of medicine such as organ transplants, replacement of limbs and treating injuries contributed to this. A longer life opens many doors for the individual while it might cause certain problems along side it.

One of many possibilities, when living a long life, is you get a chance to do everything you wished to. Not only will you be able to travel a lot more, you can also leave a greater legacy behind yourself. Although life is not always nice nor pleasurable, it is said that a person will spend a decent chunk of their life in the hospital, exactly because we grow old. This is the unfortunate side of long living, where medicine cannot stop aging or counter death entirely. In spite of this it does not have to be this way.

To conclude, a long life is only as good as you make it. Therefore the length of a person depends solely on the choices they make throughout it.

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