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Serbia's Healthy Food

People in Serbia like to eat meat very much. They eat pork, lamb and chicken. They don't like eating fish and vegetables. They like drinking Serbian brandy and juices. Tea is the drink they don't like very much, and they usually drink it when they are ill.

Traditional Serbian food is very tasty. For breakfast we like to eat burek with cheese or meat. For lunch sarme. Dinner is kajmak, ajvar and cornbread. When we celebrate something (birthday, wedding) we eat roast pork and salads and cakes of course.

We can't say that traditional Serbian food is healthy but we grow apples, plumbs, pears, and other fruit and vegetables.

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