

These days people live much longer than they used to

It is a well-known fact that people's lifespan now is much longer than it used to be in the past. We have succumbed to the fact that human life expectancy is getting higher in numbers with each passing year. Due to the length of life expectancy certainly there would be many benefits coming as the years pile up.

First of all, people are able to experience much more. They are able to travel, have fun and just experience life as a whole despite the old age. These days, we often see elderly people travelling around the world and enjoying themselves. Secondly, everybody can learn much more about anything. With information available everywhere, and in every moment, absorbing knowledge has become way easier for the elderly. And thirdly, one of the benefits would be that people are nowadays able to meet and see their descendants growing up. This gives people a chance to share their experiences and stories with them and help them become a better person.

However, there are also some downsides to the life expectancy elongating. One of the problems would be the elders not keeping up with the times. Even today, we can see older people struggling with modern technologies, like computers, mobile phones, the Internet... Not knowing what to do regarding the technology getting more advanced with each passing day can be quite stressful. The other major problem would be having to live the sedentary lifestyle and not being able to enjoy life because of a sickness, which can be really painful, both physically and mentally.

To sum up, lifespan getting longer and longer has many positive and negative effects, but I believe that the benefits undoubtedly outnumber the problems regarding this topic. It is on us to see how the life expectancy getting longer will affect the society in the future.

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